



VISITING POKLJUKA

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ABOUT POKLJUKA



Grazing on the Zajamniki pasture



Spruce logs for processing



Gorenjski Peat Bog Study Trail

Pokljuka is a high karst plateau on the eastern edge of Triglav National Park. It stretches at an altitude between 1,000 and 1,500 metres. Unspoiled nature and extensive spruce forests are the trademark of Pokljuka.

Present on the Pokljuka plateau there are also special protection areas and species, protected on the basis of European directives and part of the Natura 2000 network. The most important among them are the peat bog area and the western capercaillie habitat. The purpose of the Natura 200 network is to preserve natural assets of international importance, which our ancestors have managed to preserve with their healthy and respectful attitude to nature.

DO YOU KNOW:

- ? Slowly growing spruces provide quality resonant wood used to produce instruments..
- ? The Gorenjski Peat Bog Study Trail with info boards is dedicated to teaching about the special features of Pokljuka.
- ? There are designated quiet areas on the Pokljuka, where special rules of use and visitation apply to protect certain species and habitat types.

HIGH PEAT BOGS



Peat moss



Round-leaved sundew



White-faced damselfly

The high peat bogs on the Pokljuka are the southernmost preserved peat bogs in Europe. They are areas where water accumulates and they contain a layer of peat a few decimetres or metres thick that is overgrown by peat moss.

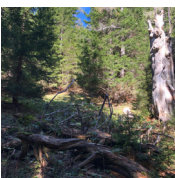
DO YOU KNOW:

- ? Peat bogs started emerging after the last Ice Age, 10,000 years ago. When the glaciers disappeared, they left behind small lakes. Over thousands of years, they became filled up with organic remains of water plants that inhabited the lake. Acidic water enabled only some flowers to grow and develop. Peat mosses were most frequent and they still prevail on the peat bog surface.
- ? Peat mosses are constantly growing on top and carbonising in the lower part. Therefore, the surface rises, so the peat bogs can also be called high peat bogs.
- ? Besides the acidic base, a lack of nutrients and major temperature changes are typical for peat bogs.
- ? During evolution, plants have adapted in many ways to extreme living conditions, some by becoming carnivores, others live in symbiosis with fungi.
- ? Due to the potential permanent damage of sensitive ground, walking and recreational activities are not allowed at the peat bog.

WESTERN CAPERCAILLIE



Female western capercaillie



Western capercaillie's lek



Bilberry flower

The western capercaillie is the largest member of the grouse family in Slovenia. Its population is constantly decreasing in the area of Triglav National Park. There are only less than 200 single males living in their habitats.

DO YOU KNOW:

- ?** The breeding season of the western capercaillie starts at the end of March and lasts until mid-May.
- ?** The cock and the hen differ greatly; the cock is mainly black, larger and heavier (approx. 5 kg), while the hen is mostly brown, smaller and lighter (approx. 2.5 kg).
- ?** The sites where mating takes place are called leks.
- ?** The hen lays from 6 to 12 light brown eggs with small brownish spots in a simple ground nest and hatches them from 26 to 30 days.
- ?** The western capercaillie chicks are called "keščki" in Slovene.
- ?** One hundred years ago, western capercaillies also sang near Ljubljana, i.e. on the hills of Rožnik, Šmarna gora and Golovec.
- ?** The western capercaillie lives in old, light forests with bilberry undergrowth (from 1,200 to 1,600 m.a.s.l.).
- ?** We can contribute to the preservation of our largest bird by walking on marked trails and avoid making a noise.

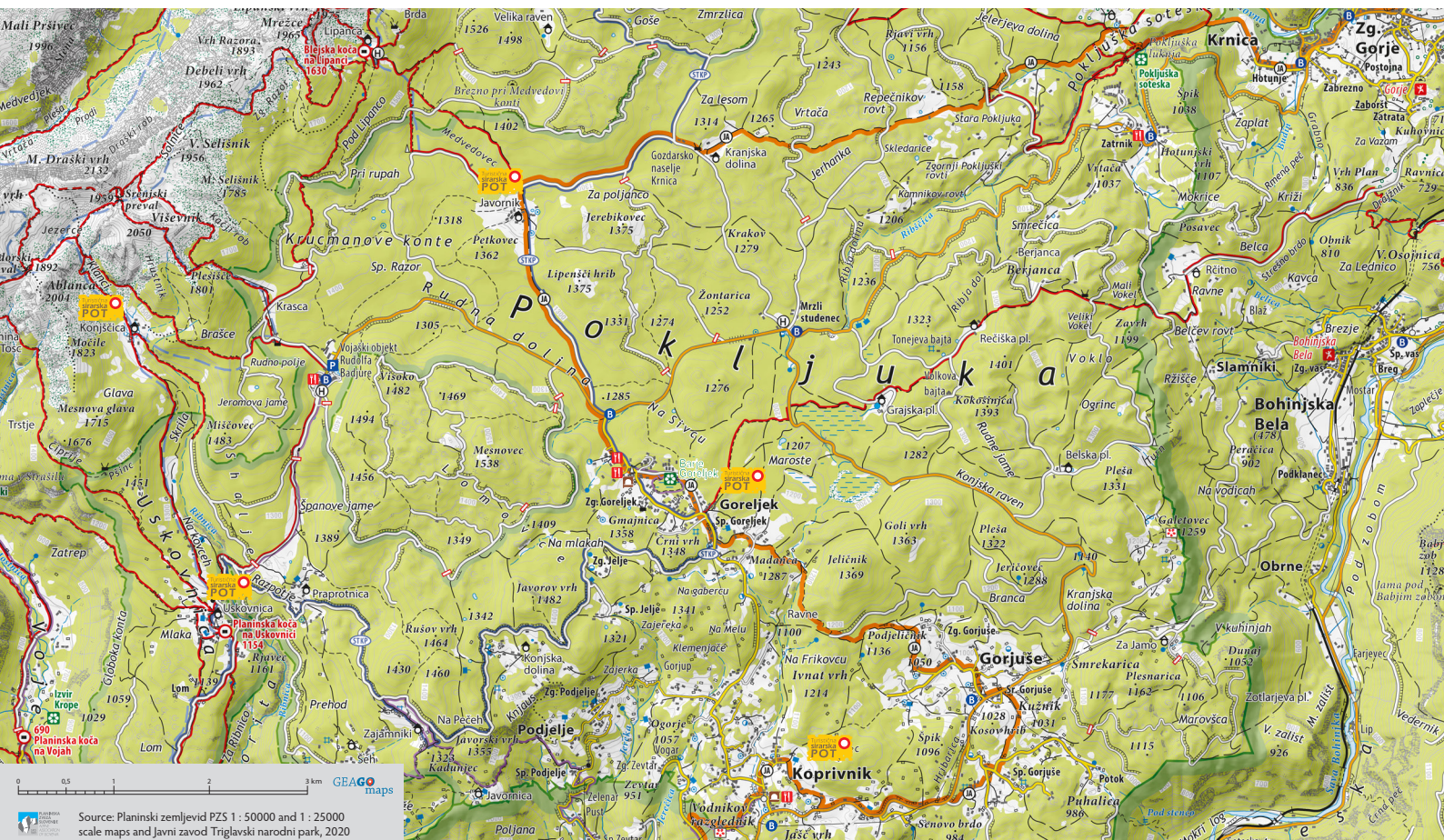
HOP-ON HOP-OFF POKLJUKA

FREE

From 11 July to 20 September 2020, every day, transfer of up to 6 bicycles

BOH. BISTRICA TS	6:50	9:50	14:50
BOH. BISTRICA	6:52	9:52	14:52
BOH. BISTRICA (DANICA)	6:54	9:54	14:54
SAVICA	6:56	9:56	14:56
KAMNJE	6:57	9:57	14:57
POLJE	6:59	9:59	14:59
LAŠKI ROVT	7:00	10:00	15:00
RIBČEV LAZ	7:01	10:01	15:01
BOH. JEZERO / LAKE	7:03	10:06	15:05
STARA FUŽINA 2	7:05	10:08	15:07
STARA FUŽINA 1	7:06	10:09	15:08
STUDOR	7:09	10:12	15:11
SREDNJA VAS	7:12	10:15	15:14
BOH. ČEŠNJICA	7:15	10:18	15:17
JEREKA	7:16	10:19	15:18
KOPRIVNIK	7:26	10:29	15:28
GORJUŠE	7:31	10:34	15:33
MRZLI STUDENEC	7:46	10:49	15:48
GORELJEK	7:49	10:52	15:51
RUDNO POLJE	7:53	10:56	15:55
RUDNO POLJE	7:55	12:30	16:00
GORELJEK	7:59	12:34	16:04
MRZLI STUDENEC	8:02	12:37	16:07
GORJUŠE	8:17	12:52	16:22
KOPRIVNIK	8:22	12:57	16:27
JEREKA	8:32	13:07	16:37
BOH. ČEŠNJICA	8:33	13:08	16:38
SREDNJA VAS	8:36	13:11	16:41
STUDOR	8:39	13:14	16:44
STARA FUŽINA 1	8:42	13:17	16:47
STARA FUŽINA 2	8:43	13:18	16:48
BOH. JEZERO / LAKE	8:46	13:22	16:52
RIBČEV LAZ	8:47	13:23	16:53
LAŠKI ROVT	8:48	13:24	16:54
POLJE	8:49	13:25	16:55
KAMNJE	8:51	13:27	16:57
SAVICA	8:52	13:28	16:58
BOH. BISTRICA (DANICA)	8:54	13:30	17:00
BOH. BISTRICA	8:56	13:32	17:02
BOH. BISTRICA TS	8:58	13:34	17:04

POKLJUKA AREA



KEY TO SYMBOLS

- | | | | |
|--|---------------------------------|--|---------------------|
| | Alpine trail | | Cultural landmark |
| | Hiking trail | | Viewpoint |
| | Juliana Trail | | Pasture |
| | Slovenian Bicycle Touring Trail | | Restaurant, inn |
| | Bus station | | Mountain hut |
| | Car park | | Bohinj Cheese Trail |
| | Natural landmark | | |

TIPS FOR EASY HIKES

- Goreljek Peat Bog Study Trail
- Mrzli Studenec–Javornik pasture–Goreljek
- Goreljek–Lipanca pasture
- Rudno polje–Uskovnica
- Koprivnik–Vodnikov razglednik
- Gorjuše–Galetovec
- Juliana Trail, part of stage 6:
- Goreljek–Gorjuše–Koprivnik–Vodnikov razglednik

PUBLIC TRANSPORT



Public bus transfers aim to contribute to decreasing air pollution in the sensitive alpine environment, to protecting fauna, to reducing noise and to avoiding problems connected to heavy traffic and parking. Using public transport also offers more time to observe nature and, at the same time, enables us to diversify our route and not have to return to the same trailhead.

Experience Pokljuka differently, use public transport!



EVROPSKA UNIJA
EVROPSKI SKLAD ZA
REGIONALNI RAZVOJ
NALOŽBA V VAŠO PRIHODNOST

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